



RESERVATIONS REQUIRED - 24 HOUR CANCELLATION POLICY - WAITLISTS AVAILABLE

479.935.4961 staff@fayettevillepilates.com www.fayettevillepilates.com

MAT & BARRE CLASSES				REFORMER CLASSES		
MON	8:30AM - 9:20AM	Xtend Barre	Jorja	9:40AM - 10:30PM	Jumpboard	Becky
				12PM - 12:50PM	Reformer	Lisa
TUE	8:30AM - 9:20AM	Xtend Barre	Jorja			
				9:40AM - 10:30PM	Reformer	Becky
	4:20PM - 5:20PM	Xtend Barre	Jorja	5:30PM - 6:20PM	Jumpboard	Emma
			6:40PM - 7:30PM	Reformer	Emma	
WED	8:30AM - 9:20AM	Pilates Mat	Jay Dee	8:30AM - 9:20AM	Jumpboard	Becky
	9:40AM - 10:30AM	Xtend Barre	Jorja	9:30AM - 10:20PM	Reformer	Jay Dee
THU	8:30AM - 9:20AM	Xtend Barre	Jay Dee			
				9:40AM - 10:30PM	Jumpboard	Jay Dee
				5:30PM - 6:20PM	Reformer	Julie
	6:40PM - 7:10PM	Pilates Mat	Julie			
FRI	8:30AM - 9:20AM	Pop Pilates	Jay Dee	8:30AM - 9:20AM	Jumpboard	Becky
	9:40AM - 10:30AM	Xtend Barre	Jorja	9:40AM - 10:30PM	Reformer	Jay Dee
				12PM - 12:50PM	Reformer	Lisa
SAT				8:00AM - 8:50AM	Jumpboard	Jay Dee
	9:00AM - 9:50AM	Pilates Mat	Jay Dee			

We are taking extra precautions to keep you safe. Please wear a mask when entering the studio and use hand sanitizer prior to each session. Please avoid class if you have a fever, cough/sore throat, feel tired or achy. Or if you have been in contact with someone with COVID within the last 14 days. We appreciate your efforts in keeping our community safer.